

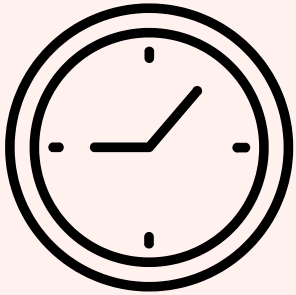
Revision Timetable

Morning

Afternoon

Evening

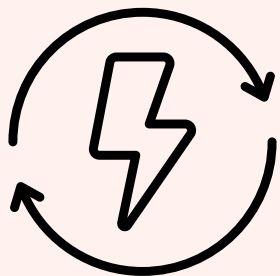
MON	TUES	WED	THURS	FRI	SAT	SUN



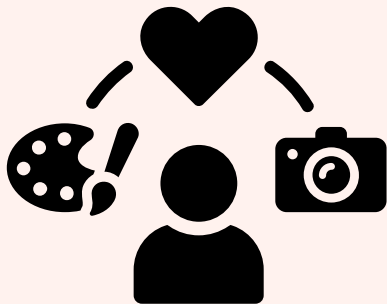
Schedule a 30 minute break in between revising different topics/subjects.



Take a break away from your desk.



Look after yourself – have plenty to drink and time to energise.



Remember to timetable in your job or any hobbies.