

Future Selves





My passions

Pages 3-5



My choices

Pages 6-9



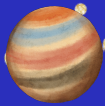
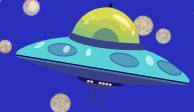
My goals

Pages 10-12



Further resources

Page 13



My Passions

1) What are my hobbies/interests?



2) Which subjects do I enjoy?

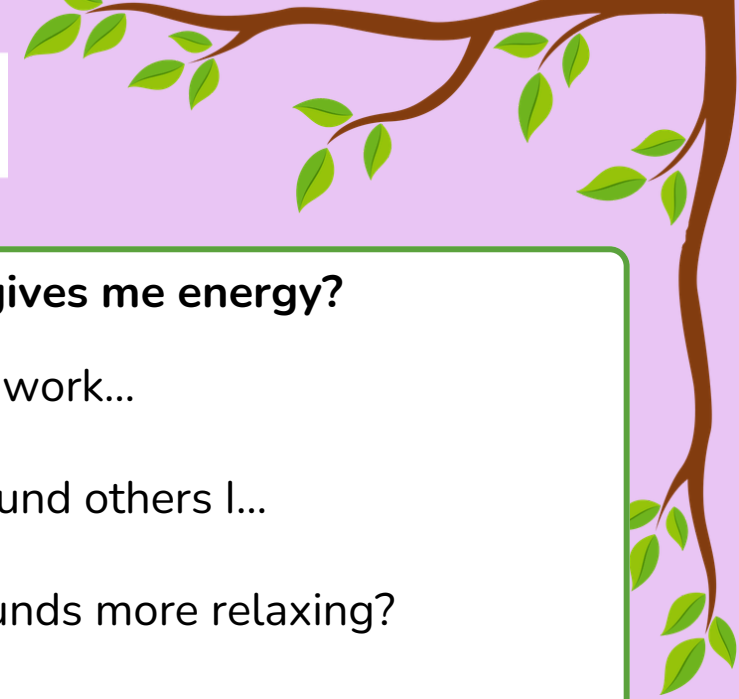
3) Favourite books, films, games or TV shows

4) What else do I love? (i.e. favourite food)

5) What are my core values?



How can identifying our passions help us grow?



6) What hobbies/interests would you like to try in future?

7) What is something you would like to do that you haven't done yet? (i.e. travel abroad)

8) What gives me energy?

I prefer to work...

When around others I...

Which sounds more relaxing?

You have a big job to do, do you...

In general, I prefer to...

Do you like to be the center of attention?

When making a decision, do you...

Time to concentrate, what conditions do you need?

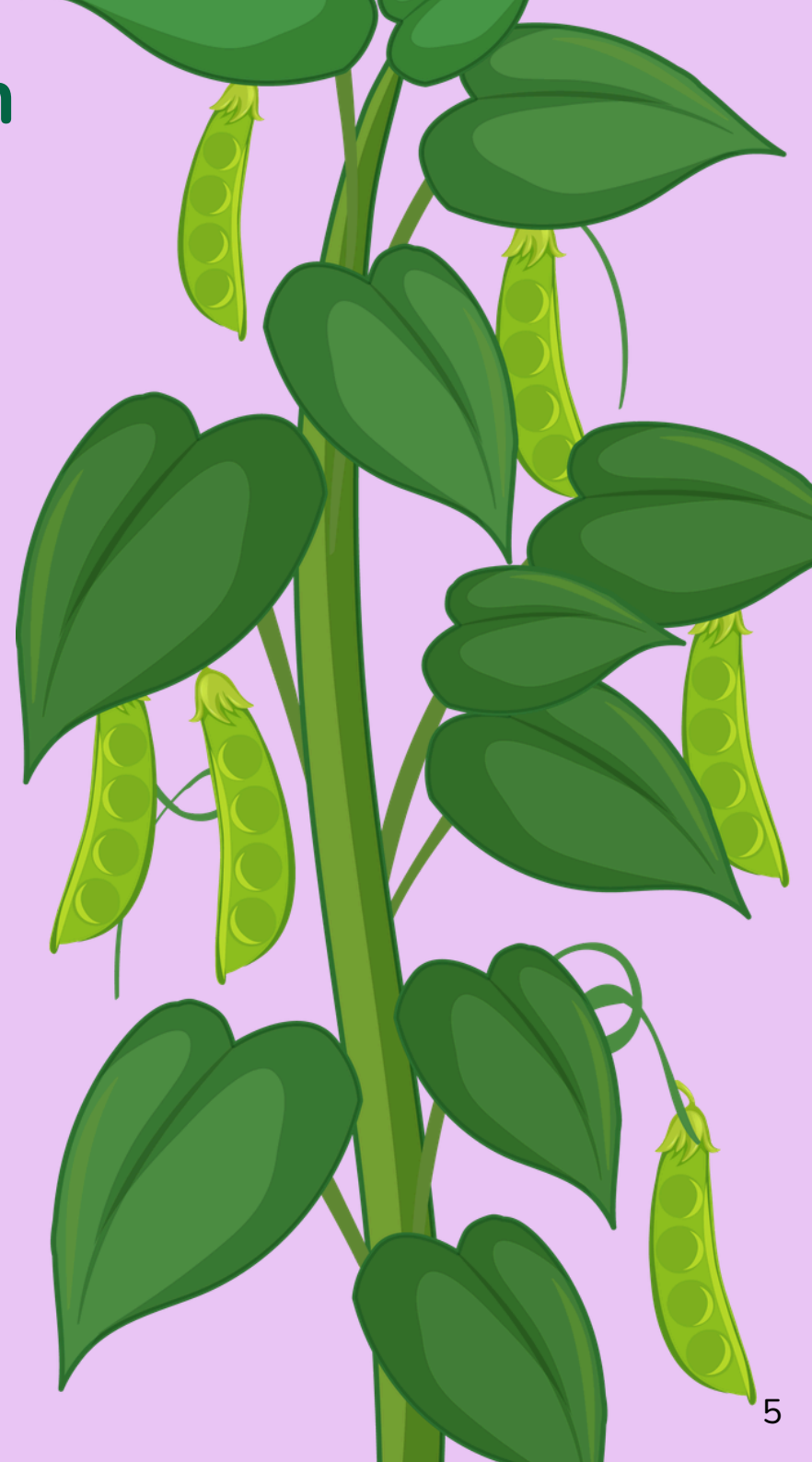


Reflection

9) What strengths you might have based on your hobbies and interests.

10) What pathways are you thinking about for when you leave school? (i.e. college, university, apprenticeships, work).

11) What possible careers might you be interested in?



My Choices



What are the stepping stones to decision-making?

Step 1:
What matters
to you about
this decision?

Step 2:
What are my
options?

Step 3:
What do I
need to know?

Step 1

Step 2

Step 3

Becoming an entrepreneur exercise



You have £20 to create your own business and you need to make the following choices:



1) What is your business going to be?

2) How are you going to use the £20?

3) What other logistical choices do you need to consider to set up your business?

Reflecting on our decisions

Helping us
move forward
with future
choices.



Why did you choose the GCSEs you are currently taking?

How might your GCSE choices impact your future?

What subjects could you choose to study during post-16 education?

What job would you love to do and why?

...Continued reflection



Which of the activities did you find the easiest or most interesting and why?

What is a decision that you have had to make and how did you come to that decision?
Think about who and what influenced that decision.

What decisions might you have to make in the future, and how will you make them?



My Goals



How to set goals and how to reach them

What are you proud of?

What motivates you?

My Goals



Personal Goals

Professional Goals

Educational Goals

SMART goals

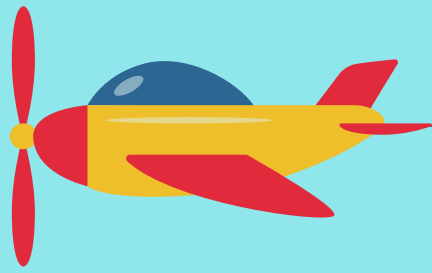
Specific

Measurable

Achievable

Relevant

Time-bound



The sky is our limit!
But how do we get there?

What goal if any,
have you set yourself
going forwards?

What is the
motivation behind
that goal?

How will you go
about setting your
goals in the future?

Further resources

Online personality tests and career tools:

Prospects website

Careers quiz and advice on jobs and further study.



iCloud Quiz

Careers quiz and advice on jobs and further study.



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